

## COLAZIONE

### Toast

Ciabatta | seed loaf | gluten free  
Choice of house jam, peanut butter,  
vegemite, nutella & honey 6.5

### Pane di Banana

Banana bread, espresso butter,  
Ligurian honey 9.5

### Granola Tostata

Warm poached green apple, honey,  
natural yoghurt, almond milk 14.5

### Colazine di il MOLO

Poached eggs, Italian sausage, pepperonata,  
potato hash, lemon spinach, ciabatta 21.0

### Ricotta pancakes

Mandarin, toasted almonds, mascarpone,  
maple syrup 17.0

### Bruschetta Avocado

Avocado, basil tomatoes, feta, evoo 16.5

### Panino tostato di ragu di manzo

Beef ragu, toasted ciabatta, fried egg, parmesan 17.0

### Eggs benedetto

Poached eggs, prosciutto or smoked salmon,  
lemon spinach, hollandaise 18.5

### Vostro modo

Poached, scrambled or fried eggs  
w/ bacon, basil tomatoes & ciabatta 16.5

### Ciotola Vegetariana

Baked sweet potato, lemon spinach,  
poached eggs, seared mushrooms, herb yoghurt 18.5

### Panino di Pancetta

Soft milk bun, crisp bacon, fried egg,  
fior de latte, basil pesto 16.5

# il MOLO

ITALIAN KITCHEN + BAR

## ADDIZIONALE

Egg 4.5  
Bacon 5.0  
Lemon spinach 4.5  
Grille d tomatoes 4.5  
Potato hash 4.8  
Avocado 4.8  
Smoked salmon 5.5  
Italian sausage 5.0  
Mushrooms 4.8

## BAMBINI

### Vostro modo

egg (your way) toasted ciabatta 9.0

### Salsiccia

Italian sausage  
w/ scrambled egg & ciabatta 10.5

### Frittelle

Ricotta panacake  
w/ fresh strawberries & maple syrup 8.5

Baby cino 1.5  
Fresh squeezed orange juice 4.5  
Chocolate shake 4.5  
Banana smoothie 4.5

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[www.ilmolo.com.au](http://www.ilmolo.com.au)

GF Gluten free | DF Dairy free | V Vegetarian  
Please notify staff of allergen request when ordering  
15% surcharge on public holidays

## CAFFÉ

'Gioconda Tasmanian roasters'

Espresso | Long Black  
Flat White  
Latte  
Cappuccino  
Piccolo  
Short macchiato | Long macchiato  
**Single** 4.0  
**Double** 4.5  
**Milk variation | Mug | Syrup** 0.5

## TÉ

'Tease Tea Pyramid Tea Bags- Specialty Fair trade  
Organic tea made with passion & love in Australia'

### Black Tea

English breakfast, Earl grey, Chia 4.5

### Herbal Tea

Lemon grass & ginger, Green Tea  
Chamomile, Peppermint 4.5

## SPREMUTE

### Green Juice

Spinach, apple, celery, lime, ginger 8.5

### Squeezed

Freshly squeezed orange juice 8.0

### Pineapple & ginger

Pineapple, ginger 8.5

### Chocolate shake

Belgian chocolate, milk, ice cream & ice 8.5

### Banana smoothie

Banana, bush honey, nutmeg & milk 8.5